

COUPLES LEADERSHIP X DEVELOPMENT PLAN

CHARACTER FORMED

Character Formed (Laundry Room) | Ask each other these questions:

1. Memorize the fruit of the Spirit from *Galatians 5:22-23*. Practice spelling using the words and coming up with synonyms and antonyms for them.

2. Over dinner, explain faith from your perspective to your kids. Once per dinner give a specific examples from your life where you had to exercise faith. Have your kids be able to explain what faith is for their perspective and give examples.

THEOLOGICALLY SOUND

Theologically Sound (Library) | Read together

Memorize *psalm 91:2 (ICB)*

Read the Bible story of the week together.

PHYSICALLY READY

Physically Ready (Garage) | Practice these disciplines to be physically ready

Deliberately and regularly tithe. Pray as a family before you give.

Workout with your family 3x a week for 30 minutes. (Ex. a family dance party; walking while playing an augmented reality game like Pokemon Go, ARmrgh, or Wizards Unite; ride bikes and learn the names of birds you see on the journey; or a family circuit routine.)

SPIRITUALLY ACTIVATED

Spiritually Activated (Bedroom) | Download the YouVersion Bible app

Memorize and recite the Shoreline City Creed. **Listen** to worship songs. **Read aloud** a Psalm once a day. Follow along with 21 days of prayer online.

OTHERS ORIENTED

Others Oriented (Kitchen) | Love others!

Write thank you cards or kind notes to your neighbors and deliver them.

Help someone with their chores, yard work and/or school work.

RELATIONALLY APT

Relationally Apt (Living Room) | Get Connected!

Take time to pray specifically for someone in your home. Lay hands on them as a family as you pray for them. Pray together as a family.

Check in on one of your friends or neighbors. Facetime or call a family member you haven't seen in a while. Take turns praying for them.